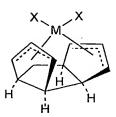
I claim:

- 1. A catalyst system useful for polymerizing olefins which comprises an activator and an organometallic complex, wherein the complex comprises a Group 3-10 transition metal and at least one chelating, dianionic triquinane ligand that is pi-bonded to the metal.
- 2. The catalyst system of claim 1 wherein the activator is selected from the group consisting of alkyl alumoxanes, alkylaluminum compounds, aluminoboronates, organoboranes, ionic borates, and ionic aluminates.
- 3. The catalyst system of claim 1 wherein the complex includes a Group 4 transition metal.
- **4.** The catalyst system of claim 1 wherein the complex includes a Group 8-10 transition metal.
- **5.** The catalyst system of claim **1** wherein the triquinane ligand has the structure:

in which each R is independently hydrogen, halide, or C₁-C₃₀ hydrocarbyl.

- 6. The catalyst system of claim 5 wherein each R is a hydrogen.
- 7. The catalyst system of claim 1 wherein the complex has the structure:



in which M is a Group 4 transition metal and each X is a halide.

- 8. The catalyst system of claim 1 wherein the triquinane ligand is prepared from cyclopentadiene and p-benzoquinone in a sequence of steps that includes tandem Diels-Alder, photochemical [2+2] cycloaddition, and [2+2] thermal cycloreversion reactions.
- **9.** A method for preparing an organometallic complex useful for olefin polymerization, said method comprising:
 - (a) converting a pentacyclic diketone to a triquinane diene;
- (b) doubly deprotonating the triquinane diene to produce a triquinane dianion; and
- (c) reacting the dianion with a transition metal source to give an organometallic complex that incorporates a chelating, dianionic triquinane ligand.
- 10. The method of claim 9 wherein the pentacyclic diketone is produced by (a) reacting a cyclopentadiene and a p-benzoquinone to produce a Diels-Alder adduct; and (b) photolyzing the Diels-Alder adduct to effect a [2+2] cycloaddition reaction to give the pentacyclic diketone.
- 11. The method of claim 9 wherein step (a) is accomplished by first heating the pentacyclic diketone to cause a [2+2] cycloreversion reaction to give a *cis,syn,cis*-triquinane bis(enone), followed by conversion of the bis(enone) to the triquinane diene.
- 12. The method of claim 11 wherein the bis(enone) is converted to the triquinane diene by (a) reacting the bis(enone) with an arylhydrazine to produce an arylhydrazone; and (b) reducing the arylhydrazone to the diene by reacting it with an alkali metal cyanoborohydride or catecholborane.
- 13. The method of claim 11 wherein the bis(enone) is converted to the triquinane diene by reacting it with a triakylhydrosilane in the presence of a Lewis acid.
- 14. The method of claim 9 wherein step (a) is accomplished by first converting the pentacyclic diketone to a pentacyclic hydrocarbon by

reducing the carbonyl groups to methylene groups, and then heating the pentacyclic hydrocarbon to cause a [2+2] cycloreversion reaction to give the triquinane diene.

- **15.** The method of claim 9 wherein the pentacyclic diketone is homologated by reacting it with diazomethane prior to conversion to the triquinane diene.
- **16.** A method for preparing an organometallic complex useful for olefin polymerization, said method comprising:
- (a) reacting a cyclopentadiene and a p-benzoquinone to produce a Diels-Alder adduct;
- (b) photolyzing the Diels-Alder adduct to effect a [2+2] cyclo-addition reaction to give a pentacyclic diketone;
 - (c) converting the pentacyclic diketone to a triquinane diene;
- (d) doubly deprotonating the triquinane diene to produce a triquinane dianion; and
- (e) reacting the dianion with a transition metal source to give an organometallic complex that incorporates a chelating, dianionic triquinane ligand.
- **17.** The method of claim **16** wherein the Diels-Alder adduct is produced from cyclopentadiene and p-benzoquinone.
- **18.** A process which comprises polymerizing an olefin in the presence of the catalyst system of claim 1.
- 19. A process which comprises polymerizing ethylene with at least one α -olefin in the presence of the catalyst system of claim 1.